

- Suicide Prevention and Assessment
- Safer Medication Prescribing
- Fall Prevention and Restraints
- Pressure Ulcers
- Elder Abuse
- Neuroimaging
- Share the Care™
- Compassion Fatigue
- MRSA, C. Diff, VRE
- Emergency Preparedness
- Plans of Treatment for CPR

# Geriatric Medicine Refresher Day

## Elder Safety: A Practical Approach

**London Convention Centre, London, Ontario**

7:30am–8:20am Registration, Displays and Refreshments

8:20am–8:30am **WELCOMING REMARKS**

**Laura Diachun**, Conference Chair, MD, Division of Geriatric Medicine, St. Joseph's Health Care, London (SJHC)

8:30am–9:20am **PLENARY SESSION**

**Shattered Years by Theatre Provocatur**

**Learning Objectives:**

- Break the silence around elder abuse through the use of drama
- Empower participants to recognize their role in abusive situations

9:20am–9:50am Refreshments, Displays and Networking

9:50am–11:00am **MORNING CONCURRENT WORKSHOPS**

1. **SHARE THE CARE™**

**Eugene Dufour**, SHARE THE CARE™ Coordinator, South West Ontario

**Learning Objectives:**

- Learn how to create effective care groups for individuals facing life-threatening illness using the SHARE THE CARE™ model
- Learn about the SHARE THE CARE™ campaign in the South West LHIN

2. **A Process for Developing Plans of Treatment for CPR**

**Liz Laird**, Consultant, Southwestern Ontario Palliative Pain and Symptom Management Consultation Program

**Grace Forget**, Nurse Practitioner, Woodingford Lodge

**Learning Objectives:**

- Present an algorithm, based on Ontario law and professional standards, that guides health care providers through the process of establishing plans of treatment for CPR
- Describe the experience of one organization adopting the process

3. **C. Difficile, VRE, MRSA—State of the Nation**

**Bryna Warshawsky**, Associate Medical Officer of Health, Middlesex-London Health Unit

**Learning Objectives:**

- Understand the clinical and epidemiologic characteristics of C. Difficile, MRSA and VRE
- Explore management and infection control precautions for the patient with C. Difficile MRSA and VRE

4. **Strategies for Safer Medication Prescribing**

**Luis Viana**, Clinical Consultant Pharmacist, Medical Pharmacies Group, Inc.

**Learning Objectives:**

- Learn how to use the Beer's Criteria as a tool to optimize medication therapy in the elderly and minimize adverse effects
- Identify medications with anticholinergic side effects and employ strategies to manage anticholinergic burden

5. **Pressure Ulcers: Prevalence and Best Practices**

**Karen Campbell**, Advanced Practice Nurse, SJHC

**Learning Objectives:**

- Discuss the prevalence of pressure ulcers
- Explore risk factors, management, and prevention strategies through the use of Canadian Wound Care Clinical Practice Guidelines and case studies

6. **Neuroimaging for Dummies**

**David F. Tang-Wai**, MDCM, University Health Network

**Learning Objectives:**

- Identify features on CT or MRI of the brain as they pertain to dementia and identify key neuroanatomical structures
- Describe the key neuroimaging features of various dementias

11:10am–12:20pm **MORNING CONCURRENT WORKSHOPS**

7. **Compassion Fatigue in Long Term Care—The Cost of Caring**  
**Eugene Dufour**, SHARE THE CARE™ Coordinator, SW Ontario

**Learning Objectives:**

- Discuss the key concepts of compassion fatigue and how it applies to people working in long term care
- Provide a toolkit to assess and reduce the effects of compassion fatigue

8. **Elder Abuse: Break the Silence**

**Patrick Fleming**, Social Worker, London Health Sciences Centre

**Learning Objectives:**

- Increase awareness, understanding and recognition of elder abuse
- Learn how to respond to elder abuse and identify available community resources

9. **Fall Prevention and Restraints**

**Tareef Al-Aama**, MD, SJHC

**Learning Objectives:**

- Describe the implications of falling, the risk factors for falls and the efficacy of falls prevention
- Explore indications, risks and benefits of restraints

10. **Suicide Assessment and Prevention of Older Adults**

**Kristine Towers**, Social Worker, SJHC

**Ann Jarvie**, Clinical Nurse Specialist, SJHC

**Learning Objectives:**

- Explore suicide assessment and prevention using the 2008 toolkit developed by the Canadian Coalition for Seniors' Mental Health
- Discuss risks, resiliency factors and warning signs of suicide in older adults through case studies

11. **Atypical Presentations of Alzheimer's Disease**

**Davis S. Tang Wai**, MDCM, University Health Network

**Learning Objectives:**

- Describe typical presentation and progression of Alzheimer's
- Discuss how Alzheimer's Disease can present with symptoms other than memory loss and can mimic other dementia syndromes

12. **Triple Jeopardy: Frailty, Dementia, and Disasters. What Do Health Care Providers Need to Know?**

**Maggie Gibson**, Psychologist, SJHC

**Kate Gibb**, Emergency Management Consultant, SJHC

**Learning Objectives:**

- Identify the disproportionate vulnerability of older adults, especially those who are frail and/or have dementia, in emergencies and disasters
- Discuss how health care providers can help to increase disaster resilience for all older adults

12:20pm–1:30pm Lunch, Displays and Networking

1:30pm–2:20pm **PLENARY SESSION**

**Year in Review: Ten Important Developments in Geriatric Care**

**Sherri-Lynn Kane**, MD, SJHC

**Learning Objectives:**

- Discuss emerging literature and its applications to clinical geriatric care

2:20pm – 2:30pm Afternoon Break

2:35pm–3:45pm **AFTERNOON CONCURRENT WORKSHOPS**

13. **Patient Safety: From Data to Client Centred Care Planning**

**Tom Ross**, Psychometrist, Regional Mental Health Care, London

**Ed Black**, Psychologist, Regional Mental Health Care, London

**Learning Objectives:**

- Review salient patient safety data tools and their application to a geriatric mental health inpatient unit
- Utilize a case review to apply safety strategies and enhance care planning for older adults with severe dementia and behavioral disturbance

14. **C. Difficile, VRE, MRSA** (repeat of #3)

15. **Pressure Ulcers: Prevalence and Best Practices** (repeat of #5)

16. **Strategies for Safer Medication Prescribing** (repeat of #4)

17. **Elder Abuse: Break the Silence** (repeat #8)

## Who Should Attend

Given the interdisciplinary nature of geriatric care and the feedback from the 2009 conference evaluation, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists, pharmacists, nutritionists, psychologists, social workers, researchers, educators, and discharge planners, as well as people serving primarily in administrative positions.

## About the Conference

We are proud to present and celebrate our 24th annual conference in Geriatric Medicine that provides professionals with another opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care to the elderly. The plenary sessions encourage interdisciplinary investigation of subjects common to all, while concurrent sessions provide medical updates and investigation of other topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. Please visit our exhibits and book sale. *We look forward to seeing you!*

## Sponsors

Division of Geriatric Medicine, St. Joseph's Health Care, London; The University of Western Ontario, Schulich School of Medicine and Dentistry; London, Ontario, The Ontario Ministry of Health and Long Term Care; Southwestern Ontario Regional Geriatric Program.

## Industry Sponsors

This program has been made possible through educational grants from Janssen-Ortho Inc., Pfizer Canada Inc. and Novartis Pharmaceuticals Canada Inc.

## Study Credits

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 5.5 MAINPRO-MI credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. This program has been reviewed and approved by Continuing Medical Education

## Early Bird Fee

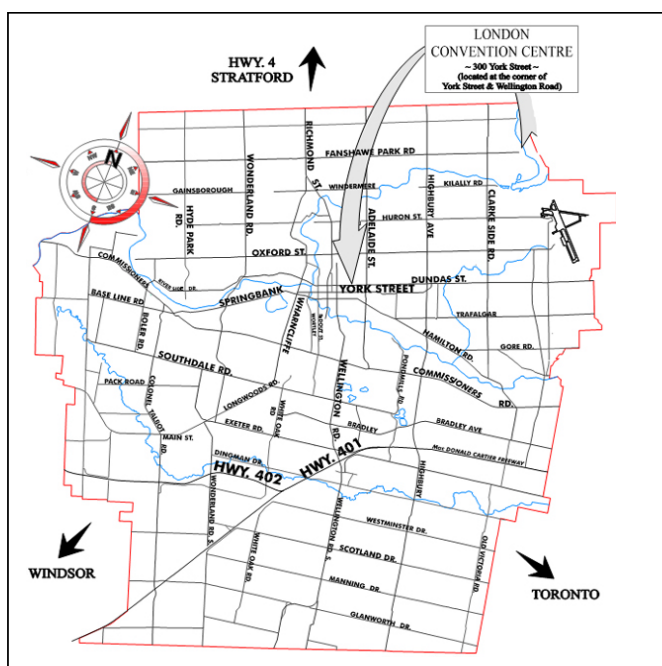
The "Early Bird" fee of \$135 is honoured up until April 5, 2010. Your registration must be postmarked no later than April 5, 2010 (mail, fax, e-mail). Please complete the registration form included with the flyer and send it along with your payment.

## Fees

After the early bird date the fee is \$150 per person (\$60 per student/volunteer) which includes parking, lunch, refreshments and conference package. The fee must accompany the registration and is nonrefundable after **April 28, 2010**. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing prior to April 28, 2010 will result in a refund minus \$40. Registrations received after April 28th will be considered only if space permits.

## Receipt

Your receipt is valuable. It is an official receipt and proof of registration. In case of refund, the original receipt must be returned to the Division of Geriatric Medicine, St. Joseph's Health Care London. A \$5 fee is charged for a replacement receipt.



## LONDON CONVENTION CENTRE

300 York Street, London ON, Canada N6B 1P8

Tel: 519-661-6200

Toll Free: 1-800-203-1992

<http://www.londoncc.com>

## Directions:

The best route is **Wellington Road North** off HWY 401. Remain on Wellington Road to downtown London. You will pass under the railway tracks just before **York Street**. Turn **right (east) off of Wellington on to York Street**, the London Convention Centre is located on the **north side of York Street**. The entrance to the underground parking is located on the east side of the London Convention Centre.

## Parking:

A **limited** amount of **FREE** Parking will be provided for conference registrants at the Convention Centre underground parking facility and the Impark parking lot located across the street from the Convention Centre. **YOU MUST PRESENT A PARKING VOUCHER THAT WILL BE INCLUDED WITH YOUR CONFERENCE RECEIPT TO PARKING ATTENDANT.**

## ACCOMMODATIONS

**Delta London Armouries**, 325 Dundas Street London, Ontario  
Tel: 679-6111, Toll Free: 1-877-814-7706

**Hilton London**, 300 King Street, London, Canada N6B1S2  
Tel: 439-1661, Toll Free: 1-800-445-8667

**Complete registration form and mail or fax to:**  
**Monica Dease, Parkwood Hospital**  
**801 Commissioners Road East**  
**London, ON N6C 5J1**  
**Phone: (519) 685-4292, Extension 42068**  
**Fax: (519) 685-4016**  
**Email: [monica.dease@sjhc.london.on.ca](mailto:monica.dease@sjhc.london.on.ca)**

Surname (Please print clearly)

Given Name & Middle Initial

Mailing Address

In Which County Do You Work?

Occupation

City Province Postal Code Employer

Home Phone Business Phone Ext. Email Address

*Geriatric Medicine Refresher Day*

- \$135 (Early Bird: Register by April 5<sup>th</sup>)  
 \$150 (Regular)  
 \$ 60 (Volunteer/Student)

- Cheque\*/Money Order  
 Visa  MasterCard  
 Company Purchase Order\*\*

**Credit Card Information** (For Visa and MasterCard payment only)

Expiry Date /\_\_\_\_/\_\_\_\_/

Card No.

Cardholder's Signature

Date

Refreshments are served buffet style offering ample selection to accommodate food preferences. If you are on a medically prescribed diet, and require a specially prepared lunch, please indicate restrictions/allergies:

I Am Involved With:  Long Term Care Home  Acute Care Facility  Community  CHC/FHT  Other \_\_\_\_\_  
 (Check all that apply)

My Profession Is:  Educator/Health Promoter  Administrator/Manager  Social Worker/Discharge Planner  Nurse  
 (Check all that apply)  Physician  Therapist  Student  Other \_\_\_\_\_

**Concurrent Workshops (Choose one session in each timeslot)**  
**Selections may be changed at the conference, space permitting**

**9:50 am Session**

1. Share the Care™  
 2. Plans of Treatment for CPR  
 3. C. Diff., MRSA, VRE  
 4. Safer Medication Prescribing  
 5. Pressure Ulcers  
 6. Neuroimaging for Dummies

**11:10 am Session**

7. Compassion Fatigue in LTC  
 8. Elder Abuse: Break the Silence  
 9. Fall Prevention and Restraints  
 10. Suicide Assessment  
 11. Alzheimer's Disease  
 12. Triple Jeopardy

**2:35 pm Session**

13. Patient Safety  
 14. C. Diff, MRSA, VRE  
 15. Pressure Ulcers  
 16. Safer Medication Prescribing  
 17. Elder Abuse: Break the Silence

\*Make cheques payable to St. Joseph's Health Care, London. \*\*Include a copy of the purchase order with this form.  
 Registrants are responsible for knowing the Refund and Withdrawal policies (see conference brochure for full details).

**Early Bird  
 Registration  
 Discount Fee**

**\$135**

Register by April 5th

**COMPLETE THIS FORM AND SEND TO:**

**Division of Geriatric Medicine  
 Parkwood Hospital**

**Attention: Monica Dease**

**801 Commissioners Road East**

**London, ON N6C 5J1**

**Telephone: (519) 685-4292 ext. 42068**

**Fax: (519) 685-4016**

**Regular  
 Registration**

**\$150**

**Registration Deadline  
 April 28th**