



SPEAKER BIOGRAPHIES



Dr. Joel Sadavoy

Dr. Joel Sadavoy is Professor of Psychiatry, at the University of Toronto. He is the immediate past Psychiatrist-in-Chief at Mount Sinai Hospital, and current head of Geriatric and Community Psychiatry Programs, Pencer Chair in Applied General Psychiatry, and founding Director of the Reitman Centre for Alzheimer's Support and Training at Sinai Health System in Toronto. He is the founding President of the Canadian Academy of Geriatric Psychiatry and a past President of the International Psychogeriatric Association. Dr Sadavoy has edited or authored 12 books and manuals and over 100 professional publications in psychiatry and geriatric psychiatry. He is an

active clinician, teacher, and researcher with much of his work focused on clinical needs of family caregivers and system design to address those needs.

Dr. John Puxty

Dr. John Puxty is a geriatrician, Associate Professor and Chair of the Division of Geriatric Medicine at Queen's University, Chair of the Southeastern Ontario Regional Geriatric Program, Director of the Centre for Studies in Aging and Health, and Chair of the Seniors Health Knowledge Network. John has a primary interest in promoting healthy aging and effective care for seniors, with research interests in aging, chronic disease, knowledge mobilization and information technology.



Valerie Spironello

Valerie has been a social worker for over 25 years in a variety of settings including palliative care, chronic illness, child welfare, and domestic violence. Valerie is an Assistant Professor (PT) with the Department of Family Medicine teaching in the Faculty of Health Sciences at McMaster University, and has also taught at the University of Toronto in the Applied Mindfulness Meditation program. She has provided workshops and presentations to service providers on a variety of topics such as compassion fatigue, work/life balance, mindfulness and end-of-life care. Valerie is also a meditation teacher trained in the use of mindfulness in the clinical setting. In her

private practice, Choose Wellness, she provides counseling, groups, workshops, and retreats to assist others in living well in body, mind and spirit.



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Dr. Stella Ng

Stella is the Director of Research at the University of Toronto's Centre for Faculty Development based at St. Michael's Hospital. She is also education scientist at the Centre for Ambulatory Care Education and the Wilson Centre, and Assistant Professor, Department of Speech-Language Pathology. Stella is an audiologist and has a PhD in Health Professional Education. Her research focuses on reflective practice with an emphasis on critical reflection. She has studied what health professionals think, know, and do within uncertain and value-conflicted zones of practice. So far, contexts for application of this work have included chronic pain care, and community-based care.

Stella continually develops and empirically studies critical teaching approaches, which aim to foster ethical sensitivity, everyday problem-solving, and broader change agency in practitioners.

Dr. Barbara Liu

Dr. Barbara Liu is the Executive Director of the Regional Geriatric Program of Toronto and an Associate Professor of Medicine at the University of Toronto. She has specialty qualifications in Internal Medicine, Geriatric Medicine, and Clinical Pharmacology. She has a clinical practice at Sunnybrook Health Sciences Centre and is Medical Director of their Falls Prevention Program.



With the Regional Geriatric Programs of Ontario, Dr. Liu has worked to promote the RGP's Senior Friendly Hospital framework with decision-makers, hospitals and front-line providers. Dr. Liu has led the RGPs of Ontario involvement in the provincial, LHIN-led Senior Friendly Hospital Strategy and is currently leading the evolution of the successful Senior Friendly Hospital framework into a Senior Friendly Care framework.



Debbie Daly

Debbie is Nurse Practitioner and Clinic Lead for the Geriatric Assessment and Intervention Network (GAIN) Clinic, where she leads an inter-professional team. Additionally, she provides clinical support and leadership to the 12 GAIN Clinics located in Central East LHIN as GAIN Regional Nurse Practitioner Clinical Lead.

Debbie obtained her BScN from Marymount University in Virginia, and her Master's degree and Post-Master's Nurse Practitioner diploma from the University of Toronto. She is past President of the Ontario Association of Rehabilitation Nurses, and is an Adjunct Lecturer at the Bloomberg Faculty of Nursing, University of Toronto.

Debbie was presented with the Sigma Theta Tau Award for Excellence in Nursing Practice and is a past nominee for the Toronto Star Nightingale Award. Debbie loves working with inter-professional teams to enhance the provision of evidence-based care. She is passionate about optimizing excellence in care and also enjoys presenting to community groups about health-related topics.

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Dr. Jennifer Ingram

Dr. K. Jennifer Ingram is a specialist in Internal and Geriatric Medicine, practicing in Peterborough and surrounding communities, and has previously worked in acute care, long-term care, and a Psychiatric Assessment Services for the Elderly team.

She is founder and Principal Investigator of the Kawartha Regional Memory Clinic, and was a founding member of the Peterborough chapter of Osteoporosis Canada.

Dr. Ingram is the current Board Chair of the Seniors Care Network, and the founding chair of the Peterborough Council on Aging.

She is a trained and registered Capacity Assessor, Peer Evaluator and Lead for Geriatric Medicine for the College of Physicians and Surgeons of Ontario, and Chair of the Division of Geriatric Medicine at Peterborough Regional Health Centre.

Dr. Ingram is also one of three Ontario Lead Investigators in a CIHR funded Canadian Team for Healthcare Services and System Improvement in Dementia Care, as part of the Canadian Consortium for Neurodegeneration in Aging (CCNA).

Awards include the Trent University Community Leaders Award (2009), the Ontario Medical Association's Glenn Sawyer Service Award (2016), and the Irma Parhad Award from the Consortium of Canadian Centres for Clinical Cognitive Research.

Dr. Ingram sees her role as Seniors Physician Lead in the Central East LHIN as a pivotal opportunity for policy and system improvement to support healthy aging.