

ARE YOU PROVIDING CARE IN THE HOME?

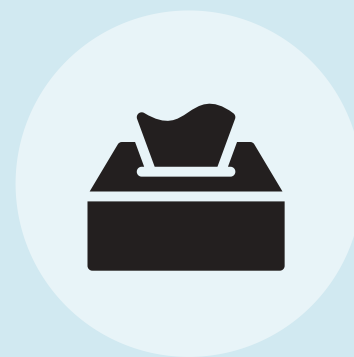


AND FOLLOW THESE STEPS



WASH YOUR HANDS

With warm soapy water or sanitizer for at least 20 seconds.



COUGH/SNEEZE INTO A TISSUE OR YOUR ELBOW

Then throw out the tissue and wash your hands.



WEAR A MASK AND GLOVES



IF YOU FEEL UNWELL

i.e., shortness of breath, cough, fever, sore throat, sneezing, vomiting or diarrhea

Please go home immediately and self-isolate.
Call your doctor or Telehealth Ontario:

1-866-797-000



IF THE PERSON YOU ARE CARING FOR IS FEELING UNWELL OR SEEMS DIFFERENT FROM USUAL

Please call: _____

Take care of your patients and yourself.