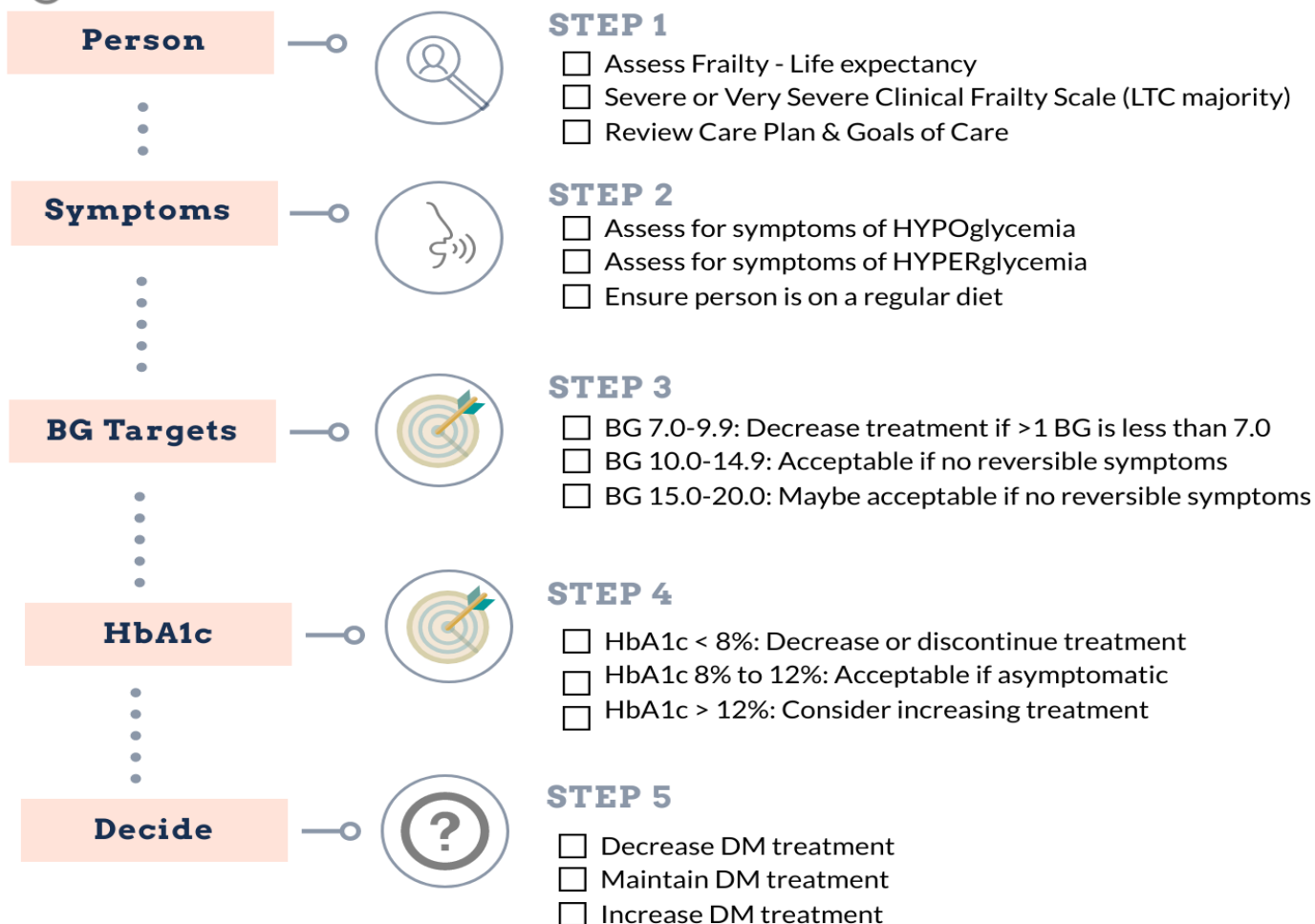


COVID-19: DM-2 Checklist for LTC



COVID-19 SPECIFIC



Stop meds than need frequent monitoring

Insulin sliding scales
Rapid acting insulin
Sulfonylureas



Reduce dosing frequency

Use long acting formulations
e.g., Gliclazide MR



Consolidate Med Passes

Move meds & testing to achieve the fewest possible med passes
Max QID



Medium Range Priority

Changing DM meds & monitoring is generally low risk, but needs time

References

- Antihyperglycemic deprescribing guideline (deprescribing.org)
- J Am Med Dir Assoc Vol. 14 (11), 801-808
- Diabetes Guidelines for Frail Elderly Residents in or Awaiting Long-Term Care (NS Health Authority)
- Optimizing Medication Management During the COVID-19 Pandemic: Implementation Guide for Post-Acute and Long-Term Care (Peter Lamy Centre on Drug Therapy & Aging)